

# WELCOME TO LAURA'S COUNTRY RESORT



## ADDRESS

Via Rivarolo 15-17 – Isola d'Asti (At)  
Monferrato Astigiano

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## TAKE A WEEK OF TOTAL RELAXATION

### ACTIVITY PROGRAM

Preferably from  
SATURDAY to SATURDAY

- **STARTING FROM 2 GUESTS** to a maximum of 10-12 capacity of the entire Resort.
- **Accommodation in: DESIGN APARTMENTS** completely independent or in the **TIFFANY SUITE**

in absolute privacy and security with private terrace or patio

The 500 m<sup>2</sup> swimming pool and garden are available to guests.

Free private parking.

## JOURNEY THROUGH THE MONFERRATO YOU DID NOT EXPECT



## GREEN & RELAX EXPERIENCE



## THE WEEKLY PROGRAM

1. **Mental Relaxation session held by PSYCHOLOGIST**
2. **THAI CHI lesson on the lawn or SATHA SILAT YOGA**
3. **RELAXATION day by the POOL or outdoor free activities**
4. **PANORAMIC Walk on the "UNESCO World heritage hills"**
5. **Visit to a CELLAR for a real sensory experience, Wine tasting with closed eyes**
6. **GUIDED EXCURSION BY BICYCLE in the Countryside or along the Tanaro river**
7. **Energetic Rebalancing or Meditation in nature**

Arrival from 3 p.m.

Departure before 11 a.m.

8 days – 7 nights

Daily activities at 5 p.m.

## Basic stay for 2 guests

Suite Tiffany	€ 445
Glicine	€ 480
Primula gialla	€ 499
Fiordaliso	€ 535
Tulipano	€ 535
3rd guest supplement	€ 265
4th guest supplement * at Tulipano only	€ 265

Price per person in double rooms

Accommodation only, fully equipped design apartments

Breakfast on request in the individual apartments or in the suite

€ 8 per person per day

**Your health is what I care most!**

**“Do not dream your life, live your dreams”!**

